

Physical Meeting Schedule

Last updated:

GROUP NAME		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AA	Bell, Book & Candle (BBC)	12:00 PM Room 1 (L)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (L,Q)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (OD)
		7:30 PM Room 1 (SP)					
	Serenity	5:45 PM Room 1 (CD)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD) Room 4 (L)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD)	6:30 PM Room 1 (B)
	The Young & The Restless						
	We Agnostics						
	7:30 Meeting Group			7:30 PM Room 5 (OD)			
Alanon	The Noon Group AFG	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (B)	
	Growing Up AFG						
CMA	Ice Breakers						10:30 AM Room 2 (Lit)
		8:00 PM Room 2 (OD)		7:00 PM Room 2 (OD)		8:00 PM Room 1 (OD)	6:30 PM Room 2 (B)
OA	Monday Noon OA	12:00 PM Room 2 (OD)					
	Wednesday Noon OA			12:00 PM Room 2 (OD)			
	Saturday Morning Live						9:00 AM Room 2 (OD)
	Sunday Spirituality						
	OA Newcomers Meeting						10:30 AM Room 3 (B,H)
SCA	Midtown SCA	7:00 PM Room 3 (CD,H)					5:30 PM Room 3 (CD,H)
	Wednesday SCA			7:30 PM Room 3 (OD,H)			
Other 12 Step	Core CODA						8:00 PM Room 3 (OD)
	Lambda Group (NA)		8:00 PM Room 4 (OD)			8:00 PM Room 4 (OD)	
Monthly Meetings	Galano Board Meeting (3rd Monday)	7:00 PM Room 4					
	CMA GSR (3rd Sunday)						
	The Highlands Retreat (1st Sunday)						
	Zone 13E (2nd Thursday/ Odd months)				7:00 PM Room 1		

AFG: Al-Anon Family Group	CODA: Codependents Anonymous	L: Literature based meeting	OA: Overeaters Anonymous	SP: Speaker Meeting
B: Beginners	CMA: Crystal Meth Anonymous	NA: Narcotics Anonymous	Q: Qualifying Meeting	SLAA - Sex and Love addic
CD: Closed Discussion	H: Hybrid (Physical & Virtual)	OD: Open Discussion	SCA: Sexual Compulsive Anonymous	*Room 5 is NOT wheelchair

The clubhouse opens 15 minutes prior to scheduled meeting times

Meetings are held 365 days/year and last 1 hour, unless noted. Parking info and Virtual Schedule are online at www.galano.org

By entering the clubhouse you agree to all house rules posted in the clubhouse and on our website

Galano is a no smoking facility, smokers must use the desinated smoking area

Galano Membership, while encouraged, is never a requirement to attend meetings

Scheduling issues, additions or corrections, contact scheduling@galano.org



5/12/23

SUNDAY
10:00 AM Room 1 (OD)
5:30 PM Room 5* (OD)
7:30 PM Room 3 (OD)
3:45 PM Room 2 (OD)
11:00 AM Room 2 (OD)
10:30 AM Room 4 (OD,H)
1:00 PM Room 2
1:00 PM Room 4

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