

GALANO Physical Meeting Schedule

Last updated: 5/13/24

GROUP NAME		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AA	Bell, Book & Candle (BBC)	12:00 PM Room 1 (L)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (LQ)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (OD)	10:00 AM Room 1 (OD)
	Serenity	5:45 PM Room 1 (CD)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD) Room 4 (L)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD)	6:30 PM Room 1 (B)	
	The Young & The Restless							5:30 PM Room 5* (OD)
	We Agnostics							7:30 PM Room 3 (OD)
Alanon	The Noon Group AFG	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (B)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)
	Growing Up AFG							3:45 PM Room 2 (OD)
CMA		8:00 PM Room 2 (OD)		7:00 PM Room 2 (OD)		8:00 PM Room 1 (OD)	6:30 PM Room 2 (B)	11:00 AM Room 2 (OD)
OA	Monday Noon OA	12:00 PM Room 2 (OD)						
	Wednesday Noon OA			12:00 PM Room 2 (OD)				
	Saturday Morning Live						9:00 AM Room 2 (OD)	
	Sunday Spirituality							10:30 AM Room 4 (OD,H)
	OA Newcomers Encounter						10:30 AM 4th Saturday Room 3 (B,H)	
SCA	Midtown SCA	5:00 PM Room 3 (CL,H)						
		7:00 PM Room 3 (CD,H)					5:30 PM Room 3 (CD,H)	
	Wednesday SCA			7:30 PM Room 3 (OD,H)				
	Willing Women's				7:00 PM Room 4 (OD)			
Other 12 Step	Core CODA						8:00 PM Room 3 (OD)	
	Lambda Group (NA)		8:00 PM Room 4 (OD)			8:00 PM Room 4 (OD)	8:00 PM Room 4 (OD)	
	Wednesday's Child (ACA)	6:00 PM Room 4 (CL)		7:00 PM Room 5 (OD) 7:15-7:45 Room 4 (OD)				1:00 PM Room 3 (CD)
	Eating Disorders Anonymous							12:00 PM Room 1 (CD)
Monthly Meetings	Galano Board Meeting (3rd Monday)	7:00 PM Room 5						
	CMA GSR (3rd Sunday)							1:00 PM Room 2
	The Highlands Retreat (1st Sunday)							1:00 PM Room 4
	Zone 13E (2nd Saturday/ Odd months)							5:00 PM Room 4

ACA: Adult Children of Alcoholics AFG: Al-Anon Family Group B: Beginners CD: Closed Discussion CMA: Crystal Meth Anonymous

CODA: Codependents Anonymous H: Hybrid (Physical & Virtual) L: Literature based meeting NA: Narcotics Anonymous OA: Overseas Anonymous

OD: Open Discussion Q: Quilting Meeting SCA: Sexual Compulsive Anonymous SLAA: Sex and Love addicts Anonymous

SP: Speaker Meeting

*Room 5 is not Wheelchair accessible.

The clubhouse opens 15 minutes prior to scheduled meeting times


Meetings are held 365 days/year and last 1 hour, unless noted. Parking info and Virtual Schedule are online at www.galano.org

By entering the clubhouse you agree to all house rules posted in the clubhouse and on our website

Galano is a no smoking facility, smokers must use the designated smoking area

Galano Membership, while encouraged, is never a requirement to attend meetings

Scheduling issues, additions or corrections, contact scheduling@galano.org



Meeting Schedule