

# **GALANO** Physical Meeting Schedule

Last updated: 12/11/25

| GROUP NAME       |                                                      | MONDAY                   | TUESDAY                       | WEDNESDAY                         | THURSDAY                | FRIDAY                  | SATURDAY                                 | SUNDAY                        |
|------------------|------------------------------------------------------|--------------------------|-------------------------------|-----------------------------------|-------------------------|-------------------------|------------------------------------------|-------------------------------|
| AA               | Bell, Book & Candle (BBC)                            | 12:00 PM<br>Room 1 (L)   | 12:00 PM<br>Room 1 (OD)       | 12:00 PM<br>Room 1 (L,Q)          | 12:00 PM<br>Room 1 (OD) | 12:00 PM<br>Room 1 (OD) | 12:00 PM<br>Room 1 (OD)                  | 10:00 AM<br>Room 1 (OD)       |
|                  | Serenity                                             | 5:45 PM<br>Room 1 (CD)   | 5:45 PM<br>Room 1 (OD)        | 5:45 PM<br>Room 1 (OD) Room 4 (L) | 5:45 PM<br>Room 1 (OD)  | 5:45 PM<br>Room 1 (OD)  | 6:30 PM<br>Room 1 (B)                    |                               |
|                  | The Young & The Restless                             |                          |                               |                                   |                         |                         |                                          | 5:30 PM<br>Room 5* (OD)       |
|                  | We Agnostics                                         |                          |                               |                                   |                         |                         |                                          | 7:30 PM<br>Room 3 (OD)        |
|                  | Gratitude in Action                                  |                          |                               | 8:00 PM<br>Room 1 (OD)            |                         |                         |                                          |                               |
| Alanon           | The Noon Group AFG                                   | 12:00 PM<br>Room 4 (CD)  | 12:00 PM<br>Room 4 (CD)       | 12:00 PM<br>Room 4 (CD)           | 12:00 PM<br>Room 4 (CD) | 12:00 PM<br>Room 4 (B)  | 12:00 PM<br>Room 4 (OD)                  | 12:00 PM<br>Room 4 (OD)       |
|                  | Growing Up AFG                                       |                          |                               |                                   |                         |                         |                                          | 3:45 PM<br>Room 2 (OD)        |
| CMA              | Ice Breakers                                         | 8:00 PM<br>Room 1 (OD)   |                               | 7:00 PM<br>Room 2 (OD)            |                         | 8:00 PM<br>Room 1 (OD)  | 6:30 PM<br>Room 2 (B)                    | 11:00 AM<br>Room 2 (OD)       |
| OA               | Monday Noon OA                                       | 12:00 PM<br>Room 2 (OD)  |                               |                                   |                         |                         |                                          |                               |
|                  | Wednesday Noon OA                                    |                          |                               | 12:00 PM<br>Room 2 (OD)           |                         |                         |                                          |                               |
|                  | Saturday Morning Live                                |                          |                               |                                   |                         |                         | 9:00 AM<br>Room 2 (OD)                   |                               |
|                  | Sunday Spirituality                                  |                          |                               |                                   |                         |                         |                                          | 10:30 AM<br>Room 4 (OD,H)     |
|                  | OA Newcomers Encounter                               |                          |                               |                                   |                         |                         | 10:30:00 AM 4th Saturday<br>Room 2 (B,H) |                               |
| SCA/SLAA         | Midtown SCA                                          | 7:00 PM<br>Room 3 (CD,H) |                               |                                   |                         |                         | 5:30 PM<br>Room 3 (CD,H)                 |                               |
|                  | Wednesday SCA                                        |                          |                               | 7:30 PM<br>Room 3 (OD,H)          |                         |                         |                                          |                               |
|                  | Atlanta Women's Non-binary & Trans Collective (SLAA) |                          | 6:30 PM<br>Room 5* (CD)       |                                   |                         |                         |                                          |                               |
| Other 12 Step    | Core CODA                                            |                          |                               |                                   |                         |                         | 8:00 PM<br>Room 3 (OD)                   |                               |
|                  | Lambda Group (NA)                                    |                          | 8:00 PM<br>Room 4 (OD)        |                                   | 8:00 PM<br>Room 2 (OD)  | 8:00 PM<br>Room 4 (OD)  |                                          |                               |
|                  | Wednesday's Child (ACA)                              | 6:00 PM<br>Room 4 (CD,L) | 6:30 PM<br>Room 3 Artists Way | 7:00PM<br>Room 5* (OD)            |                         |                         |                                          | 1:00 PM<br>Room 1 Artists Way |
|                  | Dopeless Hopeheads (MA)                              |                          | 6:00 PM<br>Room 4 (CD,L)      |                                   | 7:00 PM<br>Room 3 (OD)  |                         |                                          |                               |
|                  | Wildflower Women (MA)                                |                          |                               | 7:00 PM<br>Room 4 (CW)            |                         |                         |                                          |                               |
|                  | All Hunks No Skunks(MA)                              | 7:00PM<br>Room 5* (OD)   |                               |                                   |                         |                         |                                          |                               |
|                  | Fully Self Supporting (DA)                           |                          |                               |                                   | 7:00PM<br>Room 4 (OD)   |                         |                                          |                               |
|                  | Food Freedom (EDA)                                   |                          |                               |                                   | 5:45 PM<br>Room 5 (OD)  |                         |                                          |                               |
|                  | Food Addicts in Recovery Anonymous                   | 7:00PM<br>Room 5* (OD)   | 7:00PM<br>Room 2 (OD)         |                                   | 7:00PM<br>Room 5* (OD)  |                         |                                          |                               |
|                  |                                                      |                          |                               |                                   |                         |                         |                                          |                               |
| Monthly Meetings | Galano Board Meeting 3rd Monday                      | 7:00 PM<br>Room 2        |                               |                                   |                         |                         |                                          |                               |
|                  | CMA GSR 3rd Sunday                                   |                          |                               |                                   |                         |                         |                                          | 1:00 PM<br>Room 2             |
|                  | The Highlands Retreat 1st sunday                     |                          |                               |                                   |                         |                         |                                          | 1:00 PM<br>Room 4             |
|                  | Zone 13E 2nd Sunday/ Odd Months                      |                          |                               |                                   |                         |                         |                                          | 7:00 PM<br>Room 1             |

AA: Alcoholics Anonymous  
MA: Marijuana Anonymous  
B: Beginners  
Q: Quilting Meeting

ACA: Adult Children of Alcoholics  
NA: Narcotics Anonymous  
CD: Closed Discussion  
SP: Speaker Meeting

AFG: Alanon Family Group  
OA: Overeaters Anonymous  
OD: Open Discussion  
W: Women's Meeting

CODA: Codependents Anonymous  
SCA: Sexual Compulsive Anonymous  
H: Hybrid (Physical & Virtual)

CMA: Crystal Meth Anonymous  
SLAA: Sex and Love addicts Anonymous  
L: Literature based meeting

\*Room 5 is NOT wheelchair accessible.

**The clubhouse opens 15 minutes prior to scheduled meeting times**

Meetings are held 365 days/year and last 1 hour, unless noted. **Parking info and Virtual Schedule are online at [www.galano.org](http://www.galano.org)**

By entering the clubhouse you agree to all house rules posted in the clubhouse and on our website

Galano is a no smoking facility, smokers must use the desinated smoking area

**Galano Membership, while encouraged, is never a requirement to attend meetings**

Scheduling issues, additions or corrections, contact [scheduling@galano.org](mailto:scheduling@galano.org)

