

# GALANO Physical Meeting Schedule

Last updated: 1/8/26

GROUP NAME		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
<b>AA</b>	<b>Bell, Book &amp; Candle (BBC)</b>	12:00 PM Room 1 (L)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (L,Q)	12:00 PM Room 1 (OD)	12:00 PM Room 1 (OD)	9:30 AM Room 1 (CD Yoga)	10:00 AM Room 1 (OD)	
							10:15 AM Room 1 (OD, GV)		
	<b>Serenity</b>	5:45 PM Room 1 (CD)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD) Room 4 (L)	5:45 PM Room 1 (OD)	5:45 PM Room 1 (OD)	6:30 PM Room 1 (B)		
	<b>The Young &amp; The Restless</b>							5:30 PM Room 5* (OD)	
	<b>We Agnostics</b>							7:30 PM Room 3 (OD)	
	<b>Gratitude in Action</b>			8:00 PM Room 1 (OD)					
<b>Alanon</b>	<b>The Noon Group AFG</b>	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (CD)	12:00 PM Room 4 (B)	12:00 PM Room 4 (OD)	12:00 PM Room 4 (OD)	
	<b>Growing Up AFG</b>							3:45 PM Room 2 (OD)	
<b>CMA</b>	<b>Ice Breakers</b>	8:00 PM Room 1 (OD)		7:00 PM Room 2 (OD)		8:00 PM Room 1 (OD)	6:30 PM Room 2 (B)	11:00 AM Room 2 (OD)	
<b>OA</b>	<b>Monday Noon OA</b>	12:00 PM Room 2 (OD)							
	<b>Wednesday Noon OA</b>			12:00 PM Room 2 (OD)					
	<b>Saturday Morning Live</b>						9:00 AM Room 2 (OD)		
	<b>Sunday Spirituality</b>							10:30 AM Room 4 (OD,H)	
	<b>OA Newcomers Encounter</b>						10:30:00 AM 4th Saturday Room 2 (B,H)		
<b>SCA/SLAA</b>	<b>Midtown SCA</b>	7:00 PM Room 3 (CD,H)					5:30 PM Room 3 (CD,H)		
	<b>Wednesday SCA</b>			7:30 PM Room 3 (OD,H)					
	<b>Atlanta Women's Non-binary &amp; Trans Collective (SLAA)</b>		6:30 PM Room 5* (CD)						
<b>Other 12 Step</b>	<b>Core CODA</b>						8:00 PM Room 3 (OD)		
	<b>Lambda Group (NA)</b>		8:00 PM Room 4 (OD)		8:00 PM Room 2 (OD)	8:00 PM Room 4 (OD)			
	<b>Wednesday's Child (ACA)</b>	6:00:00 PM@ Room 4 (CD,L)	6:00:00 PM@ Room 4 (CD,L)	7:00PM@ Room 5* (OD)					1:00:00 PM@ Room 1 Artists Way
			6:30:00 PM@ Room 3 Artists Way						
	<b>Dopeless Hopeheads (MA)</b>				7:00 PM Room 3 (OD)				
	<b>Wildflower Women (MA)</b>			7:00 PM Room 4 (CW)					
	<b>All Hunks No Skunks(MA)</b>	7:00PM Room 5* (OD)							
	<b>Fully Self Supporting (DA)</b>				7:00PM Room 4 (OD)				
	<b>Food Freedom (EDA)</b>				5:45 PM Room 5 (OD)				
	<b>Food Addicts in Recovery Anonymous</b>		7:00PM Room 2 (OD)		7:00PM Room 5* (OD)				
<b>Monthly Meetings</b>	<b>Galano Board Meeting 3rd Monday</b>	7:00 PM Room 2							
	<b>CMA GSR 3rd Sunday</b>							1:00 PM Room 2	
	<b>The Highlands Retreat 1st Sunday</b>							1:00 PM Room 4	
	<b>Zone 13E 2nd Sunday/ Odd Months</b>							7:00 PM Room 1	

AA: Alcoholics Anonymous	ACA: Adult Children of Alcoholics	AFG: Alanon Family Group	CODA: Codependents Anonymous	CMA: Crystal Meth Anonymous
MA: Marijuana Anonymous	NA: Narcotics Anonymous	OA: Overseas Anonymous	SCA: Sexual Compulsive Anonymous	SLAA - Sex and Love addicts Anonymous
B: Beginners	CD: Closed Discussion	OD: Open Discussion	H: Hybrid (Physical & Virtual)	L: Literature based meeting
Q: Qualifying Meeting	SP: Speaker Meeting	W - Women's Meeting	GV: Grapevine Meeting	@ : 90 Minute Meeting

\*Room 5 is NOT wheelchair accessible.

**The clubhouse opens 15 minutes prior to scheduled meeting times**  
Meetings are held 365 days/year and last 1 hour, unless noted. Parking info and Virtual Schedule are online at [www.galano.org](http://www.galano.org)

By entering the clubhouse you agree to all house rules posted in the clubhouse and on our website

Galano is a no smoking facility, smokers must use the designated smoking area  
Galano Membership, while encouraged, is never a requirement to attend meetings  
Scheduling issues, additions or corrections, contact [scheduling@galano.org](mailto:scheduling@galano.org)

